

Southside All-Stars Swim Team 2018

We are excited to announce Grace Darling as our head coach this year. This will be her 10th summer as an All-Star and she is looking forward to this season in her new role. Grace is a nursing major at Bradley University in Peoria, Illinois. We are excited for her to take over this position after her time as a Southside swimmer and assistant coach!

General Information about the team:

- Costs this year will be a flat rate and include both the team shirt and a cap:
 - o Age: 12 & Under - \$200
 - o Age: 13 & Up - \$100
- Registration begins Sunday, March 25th and closes Friday, May 11th. Late registration incurs a \$25 fee. Please register at <http://southside-place.org/464/Swim-Team>.
- This is Southside's 7th year as part of the Southwest Aquatic League, or SWAL. We swim meets against Bellaire, West University, Willowbend and Briargrove. Our team is combined with Briar Meadow and the JCC to form a competitively sized team called Southwest United (SWU). You will see us as SWU on all league information.

Important Dates:

- Pizza Party Kick-Off: Sunday, May 13th 5:00-7:00 at the Pavilion
- First Practice: Monday, May 14th
- Parent Volunteer Training Session: Tuesday, May 22nd - 5:30-6:00
- Timing and Swimsuit Day at practice: Wednesday, May 23rd
- Practice Days: Monday, May 14th – Friday, June 22nd (No practice on Memorial Day or meet days)
- End of Season Banquet: Friday, June 29th 5:30-7:30 - Clubhouse

Practice Times:

May 14 – June 1		Summer Times Begin June 4 th	
Age Group	Time	Age Group	Time
6 & Under	4:30-5:00pm	6 & Under	3:00-3:30pm
7 & 8	5:00-5:30	7 & 8	3:30-4:15
9 & 10	5:30-6:15	9 & 10	4:15-5:00

Requirements:

- Have a Southside Place City Season Pass and be in good standing.
- Sign up for two volunteer spots per family.
- Be 5 years old by June 1, 2018. (This age limitation may be removed with approval from our Head Coach.) Swimmers may participate up to the summer after high school graduation.
- To participate in meets, swimmers should have our team suit. Our team suit will be the same as last year and can be purchased at a Suit Purchase Day at practice on May 23. We use Texas Swim Shop (10429B S. Post Oak, 713-723-0910) and they are always able to help you with suits, goggles, etc.

Swim Meet Information:

- Meets are held in two parts:
 - o 6 & U: 4:30pm Warm-up / 5:00 Start
 - o 7 & Up: 6:00pm Warm-up / 6:30 Start / Meets typically end between 9:30 and 10:00
- League rules state that 6&U swimmers must be able to swim the length of the pool without assistance in the water to compete in meets. This rule does not prevent your child from joining the team, and we encourage you to still sign them up, as it is amazing what growth we see during the season!
- Please see the attached calendar for our season schedule.

Parent Volunteers:

- SWAL meets are run by parent volunteers who help time, hand out ribbons, run time cards and gather swimmers for their events.
- Each Southside family is required to sign up for at least two volunteer shifts during the season.
- Signing up is easy, simply follow the link on the swim team information / payment page at <http://www.ci.southside-place.tx.us/253/Parks-Recreation>
- There will be an optional Parent Volunteer Training Session on Tuesday, May 22nd from 5:30-6:00 at the clubhouse. This is helpful for new swim team families. We will discuss the different shifts and tasks so that you are ready to go when your shift comes around!

Optional Swim Lessons:

- We encourage all novice swimmers to sign up for swim lessons. While everyone's skills will improve over the summer, your child may benefit from the smaller group environment of lessons with our coaches.
- More information will be available once the season begins.

Contact Information:

- Swim Team Coordinator: Samantha Smith 713-444-2166 / samantha.smith.j@gmail.com
- Head Coach: Grace Darling 832-687-6171 / gdarling@mail.bradley.edu

May 2018

May 14 – June 1	
Age Group	Time
6 & Under	4:30-5:00
7 & 8	5:00-5:30
9 & 10	5:30-6:15
11 & Up	6:15-7:00

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11 Regular Registration Closes at Midnight	12
13 Kick Off Pizza Party 5:00 at Pavilion	14 Practice Begins	15 Practice	16 Practice	17 Practice	18 Fun Friday Practice	19
20	21 Practice	22 Practice – Parent Volunteer Training (5:30-6:00) @ Clubhouse	23 Practice, Timing, & Swimsuit Day	24 Practice	25 Fun Friday Practice	26
27	28 Memorial Day – No Practice	29 Practice	30 Practice	31 Practice		

June 2018

Summer Times Begin June 4th	
Age Group	Time
6 & Under	3:00-3:30
7 & 8	3:30-4:15
9 & 10	4:15-5:00
11 & Up	5:00-6:00

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28 Memorial Day – No Practice	29 Practice	30 Practice	31 Practice	1 Fun Friday Practice	2
3	4 SWU/BG @ West University 5:00 / 6:30	5 Practice	6 Practice	7 BG @ SWU (Briar Meadow Pool) 5:00 / 6:30	8 Fun Friday Practice	9
10	11 Fun Meet at Southside 5:00	12 Practice	13 Practice	14 SWU @ Willow 5:00 / 6:30	15 Fun Friday Practice	16
17	18 Bellaire @SWU (Southside Pool) 5:00 / 6:30	19 Practice	20 Practice	21 Practice	22 Fun Friday Practice	23
24	25 Prelims @ West University – 6 &U and 11&Up	26 Prelims @ Willow – 7&8 and 9&10	27 Finals @ Willow	28 Finals @ Willow (Rain Day)	29 Banquet @ Clubhouse 5:30-7:30	30